



SERVICES TO SUPPORT:






Central Bedfordshire Care Homes

Bedfordshire, Luton and Milton Keynes



Integrated Care Board

*For queries regarding care home aligned GP contact blmkicb.pccc@nhs.net

 <p>Minor illness</p>	<p><u>BLMK ICB Homely Remedies Toolkit</u> <u>BLMK ICB Self Care Toolkit for care homes</u> Local Pharmacies Find a pharmacy – NHS Pharmacy First scheme <u>Pharmacy First</u></p>
<p>GP advice / primary care</p>	<p>In-hours: Care home aligned GP* or patient’s registered GP. Out-of-hours: 111</p>
 <p>Community nursing advice and support, general, specialist, Urgent Care Response, complex care, therapy</p>	<p>ELFT SPOA 24/7 📞 0345 6024064</p>
<p>Community Mental Health Team - Older Adults (for residents currently receiving the service)</p>	<p>South 📞 01582 657588 Mon-Fri 09.00-17.00 Mid 📞 01767 224181 Mon-Fri 09.00-17.00</p>
 <p>Urgent Care</p>	<p>📞 111 24/7</p>
<p>Mental Health Crisis Team</p>	<p>📞 111 Mental Health option 24/7</p>
 <p>Medical or mental health emergency – serious illness or injury, life at risk</p>	<p>📞 999 24/7</p>
<p>End of life and palliative care services, telephone, advice, support and care</p>	<p>Sue Ryder Palliative Care Hub 24/7 📞 01767 641349 <u>End of Life Care Medicine Services</u></p>
 <p>Dementia Intensive Support Service</p>	<p>📞 01582 707537 7 days 09.00-20.00 For referral form email: elft.diss@nhs.net</p>
<p>Infection prevention and control advice</p>	<p>blmkicb.infectioncontrol@nhs.net Mon-Fri 09.00-17.00</p>

Community Nursing and therapy services accessed via ELFT SPOA 📞 0345 6024064

- **24/7 District Nursing Service/Rapid Response**
Mon-Fri services 09.00-17.00
- Pharmacy Technicians
- Specialist Palliative Care Nursing Service (on-call at weekends)
- Parkinson’s Nursing Service
- Rare Neurological Nursing Service
- Epilepsy Nursing Service
- Tissue Viability Nursing Service
- Heart Failure Nursing Service
- Warfarin Nursing Service
- Complex Care Nursing Service
- Tuberculosis Nursing Service
- Community Matrons
- Community Physio
- Community Occupational Therapy
- Community Psychology Service
- Speech and Language Service
- Continence Nursing Service
- Podiatry Service
- Phlebotomy 08.00-16.00
- Wheelchair Service 8.30-16.30

Hospital discharge queries

Luton & Dunstable Hospital:
08:00 – 18:00 Discharge Planning 01582 718380
Email ldh-tr.integratedteamadmin@nhs.net
18:00 – 08:00 Site Operations 01582 718655
senior manager on call bleep 500 via switchboard 01582 491166

Bedford Hospital: 08.00 – 18.00
Discharge planning Manager 📞 **01234 355122**
Ext 2183 📞 07769 935313,Email:
bhn-tr.integrateddischargeplanning@nhs.net
18.00 – 08.00 Site Operations 📞07884160312
For urgent enquiries: Contact Senior Manager on Call via switchboard 📞 **01234 355122**