



SERVICES TO SUPPORT: Milton Keynes Care Homes



Bedfordshire, Luton
and Milton Keynes
Integrated Care Board

*For queries regarding care home aligned GP contact blmkicb.pccc@nhs.net

	Minor illness	<p><u>BLMK ICB Homely Remedies Toolkit</u></p> <p><u>BLMK ICB Self Care Toolkit for Care Homes – BLMKICB</u></p> <p><u>Medicines Optimisation</u></p> <p>Local Pharmacies <u>Find a pharmacy - NHS</u></p> <p>Pharmacy First scheme <u>Pharmacy First</u></p>
	GP advice / primary care	<p>In-hours: Care home aligned GP* or patient's registered GP. Out-of-hours: 111</p>
	Community nursing advice and support, general, specialist	<p>Mon-Fri 09.00-17.00 ☎ 01908 725379 Weekends 09.00 -17.00</p> <p>North MK: ☎ 07799 898632</p> <p>South MK: ☎ 07741 015045</p>
	Urgent Community Response - acutely unwell / infection / Advice	<p>2hr response: 07917 173081 24/7</p> <p>Home 1st Twilight – nursing advice and support 20.00 - 02.00 ☎ 07730 619929</p>
	Mental health advice and support	<p>0800 0234 650 24/7</p>
	Urgent Care	<p>☎ 111 24/7</p>
	Mental Health Crisis Team	<p>☎ 111 Mental Health option</p>
999	Medical or mental health emergency – serious illness or injury, life at risk	<p>☎ 999 24/7</p>
	Specialist Palliative care services, end of life care, telephone advice and support.	<p>Willen Hospice: Mon-Sun. General enquiries: 08.00-22.00 ☎ 01908 663636.</p> <p>Telephone advice/support out-of-hours 17.30-08.00 ☎ 01908 306962</p> <p><u>End of Life Care Medicine Services – BLMKICB Medicines Optimisation</u></p>
	Memory and dementia support - Care Home Liaison Practitioner	<p>Mon-Fri 09.00-17.00 ☎ 01908 801020</p>
	Infection prevention and control advice	<p><u>blmkicb.infectioncontrol@nhs.net</u></p> <p>Mon-Fri 09.00-17.00</p>
	Falls Prevention Service	<p>Mon-Fri 09.00-17.00 ☎ 01908 686751</p> <p><u>www.mkfalls.co.uk</u></p>
	Wheelchair Service	<p>Mon - Fri 09.00 - 17.00 ☎ 0808 164 6400</p> <p><u>www.ajmhealthcare.com/wheelchair-services/</u></p>

Milton Keynes Adult Community Health Services SPA

08:30 – 19:30 Monday – Friday Weekends and bank holidays: 09:15 – 16:45

☎ **01908 801108**
cnwl.mkchsadultspa@nhs.net

Continance District Nursing
Frailty Team Tissue Viability Nurses
Twilight Nursing Virtual Ward

Neurological Conditions Services (08:30 – 17:00)

Mon – Fri (excl. bank holidays)
Neuro Clinical Specialist Team: ☎ **01908 724633**
Neuro Rehab Service: ☎ **01908 724633**
Early Stroke Rehab Team: ☎ **01908 724599**

Integrated Discharge Hub – Discharge Queries

Mon – Fri 08:00 – 20:00
Weekends – 08:00 – 16:00

☎ 01908 995182
Discharge.team@mkuh.nhs.uk