



# Bedfordshire, Luton and Milton Keynes

Health and Care Partnership

Issue 07  
June 2022

**Welcome to the June issue of our newsletter for the Bedfordshire, Luton, and Milton Keynes Health and Care Partnership. When the clock strikes midnight on Thursday 30 June it will herald a brand-new era in the life and times of healthcare provision in our regions.**

When we all wake up on Friday 1 July, it will be day one of the Integrated Health Board (ICB). I'm pleased to say that in this edition of *Live Well* you will be able to read of two further appointments in the lead up to the creation of the ICB as we welcome the executive team: Nicky Poulain, our new Chief Primary Care Officer and Sarah Stanley, who will be the new Chief Nursing Director.

In other news we share the details of an innovative online platform for parents of children with epilepsy; what a comfort it must be to have expert support literally at mum's and dad's fingertips.

And we cover the results of two surveys carried out by Luton Healthwatch, which both focus on Covid 19 inoculations – they make fascinating reading. As indeed does the survey responses and conclusions on support for people going through menopause.

Please don't hide your fantastic, hardworking, and innovative lights under bushels! If you have a news story you want to share within these pages to a wide readership list from around our Health and Care Partnership, please do get in touch. You can email this address [blmkccg.communications@nhs.net](mailto:blmkccg.communications@nhs.net) and make it clear that it's for inclusion to *Live Well*.

I look forward to hearing from you.



Watch the  
video

## In this issue

- Support for children in Luton living with epilepsy
- Going clean and green
- Aiming for improved lung health with targeted checks
- De Parys Avenue GP practices on the move
- News from around the Health and Care Partnership
- East London Foundation Trust are forerunners to become a Marmot Trust
- It's good to talk, and to listen
- Healthwatch Luton help remove the taboo of menopause
- Shedding light on vaccine reluctance, and Covid 19 booster experiences
- New appointments made to the Integrated Care Board





## Support for children in Luton living with epilepsy

A new and advanced secure online platform called *Patients Know Best* allows parents to log their child's seizures and details like when and where they happen, how long they last, type of seizure and any possible triggers.

The information is accessed by the local NHS epilepsy team to ensure they get the right advice and care.



[Read more](#)



## Going clean and green

Clinicians and colleagues from around the NHS recently attended a conference at the Hotel La Tour in Central Milton Keynes about the challenges of climate change in connection with increasing health inequalities.

Read the thoughts of **Maxine Taffetani, Chief Executive Officer of Healthwatch Milton Keynes**, who was at the event with her colleague and deputy, Tracy Keech.



[Read more](#)





## Aiming for improved lung health with targeted checks

Residents in Central Bedfordshire will benefit from better lung healthcare by accepting an invitation to the Targeted Lung Health Checks programme. Statistically the county has poor outcomes for lung cancer, with significant numbers of the population either being smokers or ex-smokers.

However, with the programme in full operation potentially hundreds of people could receive potentially life-saving treatments.



[Read more](#)



Targeted Lung Health Check Programme



## De Parys Avenue GP practices on the move

Better together is the spirit behind the decision to create a Primary Care Hub that will provide enhanced health and care services to patients currently registered with The De Parys Group. The purpose-built Primary Care Hub will be situated in the Enhanced Services Centre on the Bedford Health Village site at Kimbolton Road.

The relocation will bring together primary, community, mental health, and secondary care being hospital and community care.



[Read more](#)





# News from around the Health and Care Partnership



## Award fingers crossed for Health and Care Partnership colleagues

Congratulations go to East London's Homeless and Vulnerable Person Outreach Service and the members of the dedicated team from the Bedfordshire-based Specialist Learning Disability Service who have both been nominated for the NHS Parliamentary Awards 2022 by their respective constituency MPs.



[Read more](#)



NHS Parliamentary Awards



## East London Foundation Trust are forerunners to become a Marmot Trust

ELFT has partnered with the Institute of Health Equity with the aim to become the first Marmot Trust based on the work by Professor Sir Michael Marmot, which predicts that disadvantage and subsequent poor health starts before birth and accumulates throughout life. A pilot of the Marmot Review principles and framework has started already in Luton and Newham.



[Read more](#)



## News from around the Health and Care Partnership *continued*



### It's good to talk, and to listen

ELFT is also celebrating the success of its telephone befriending service during the recent Mental Health Awareness Week. The service, which started during the Covid 19 pandemic, has continued to expand post lockdown and now has a permanent team of 30 befrienders who help people of all ages and backgrounds.



[Read more](#)



### Healthwatch Luton help remove the taboo of menopause

Back in August 2021, Healthwatch Luton joined the Menopause Working Group to look at people's experiences of the condition in the town. Healthwatch Luton created a survey to capture a range of responses covering treatment received for menopause and the care of individuals who had been or were going through the menopause, along with the support they felt they required. Look at the results and how they can provide a baseline for further action.



[Read more](#)

**healthwatch**  
Luton



## Shedding light on vaccine reluctance, and Covid 19 booster experiences

Healthwatch Luton has published the results of two surveys focusing on vaccinations. The first looks at why people choose not to get vaccinated and the reasons behind those decisions.

A further survey focused on people sharing their experiences of booking their Covid 19 booster vaccination and receiving it at a variety of venues across Luton.



Vaccination survey report 2021-2022 [Read more](#)



Vaccine booster experiences 2021-2022 [Read more](#)



**Do you want your service to be featured in Live Well?**

Please send all story details and links to: [blmkccg.communications@nhs.net](mailto:blmkccg.communications@nhs.net) and put *Live Well* content in the subject bar.

Thank you!

# New appointments made to the Integrated Care Board



## Nicky Poulain, Chief Primary Care Officer

Congratulations go to Nicky Poulain on being made Chief Primary Care Officer for the new NHS Bedfordshire, Luton, and Milton Keynes Integrated Care Board. Nicky's appointment follows on from several director roles across the NHS in Hertfordshire, before moving to Luton CCG in 2014.



[Read more](#)



## Sarah Stanley, the Chief Nursing Director

Sarah Stanley spoke of her delight at being appointed as the Chief Nursing Director for the Bedfordshire, Luton and Milton Keynes Integrated Care Board and how she was looking forward to working in partnership with colleagues across the Partnership to improve health and care for everyone.



[Read more](#)

