



Share for Care



**Easy
Read**

Easy Read



This is an Easy Read version of some hard information. It may not include all of the information but will tell you about the important parts.



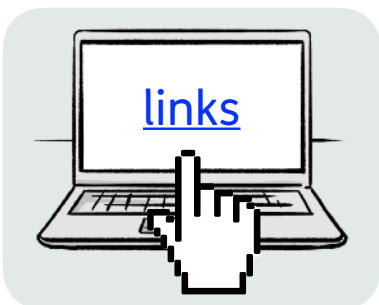
This Easy Read information uses easier words and pictures. You may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker.



These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.



Blue and underlined words show links to websites and email addresses. You can click on these links on a computer.

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Introduction



This leaflet is from the NHS and care organisations in Bedfordshire, Luton and Milton Keynes.



It is about our new way of sharing information, called **Share for Care**.

Share for Care is a health and care record that brings together all your information from the different organisations involved in your health and care.



It means health and care staff will be able to get information about you faster and easier.

This will help them give you better, safer and faster care.



This leaflet will answer questions you may have about Share for Care.

Questions and answers

Will my information be included in Share for Care?



Your information will be included in the record if the doctor's surgery you go to is in Bedfordshire, Luton or Milton Keynes.



If your doctor's surgery is in a different area, you will need to contact them to find out if your information is included.



If you are a parent, your children's information will also be included in the record.

Who will get to see my information and why?



Health and care staff who are involved in giving you health care, like doctors and nurses, will be able to see your information.



Being able to see all of your information will help them give you better, safer care.



Other staff who support nurses and doctors might also be able to see your information.



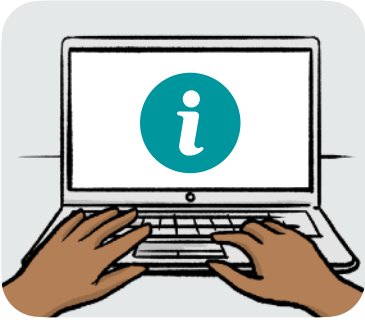
This will only be to help them support your health and care team, like if they need to send you an important letter.



There are important rules about how we use your information.



We will always follow the law when we use your information.



Each time someone looks at your information, we will make a note of it.

This is to make sure that:



- Only the right people are looking at your information.



- They are looking at your information for the right reasons.

Will I be able to see my information?

If you live in Milton Keynes you can see your information by:



- Going to your MyCARE Patient Portal, which you can read more about at: <https://www.mkuh.nhs.uk/patients-and-visitors/mycare-patient-portal>



- Going on the NHS app, which you can read more information about at: www.nhs.uk/nhs-app



- Asking your doctor's surgery.

If you live in Bedfordshire or Luton you can see your information by:



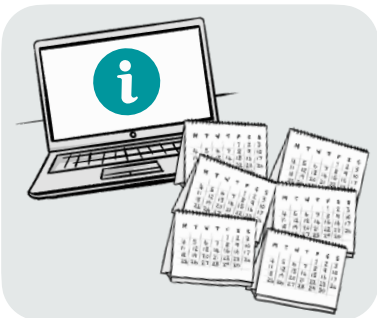
- Asking the organisation that gives you care.



- Going on the NHS app, which you can read more information about at: www.nhs.uk/nhs-app



- Asking your doctor's surgery.



If you live in Bedfordshire you will be able to see your information online in the future.

What information will health and care staff be able to see?

At first, health and care staff will be able to see information about:



- When you have been to see your doctor.



- When you have been to:
 - Hospital.
 - Mental health services.



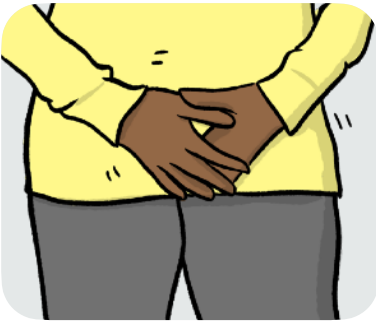
- If you have been pregnant or given birth.



This information will let health and care staff give you the best care quickly.

This is because they won't need to ask other organisations for information, and wait for an answer.

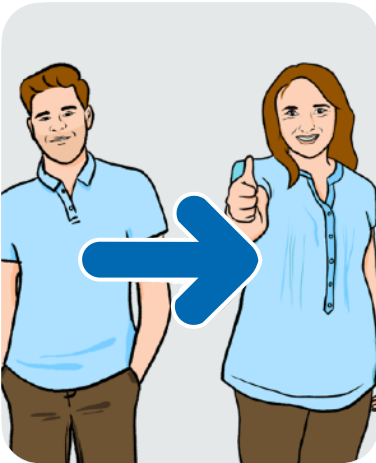
Some information will not be included, like:



- If you have been to a sexual health clinic.



- If you have had medical help to get pregnant.



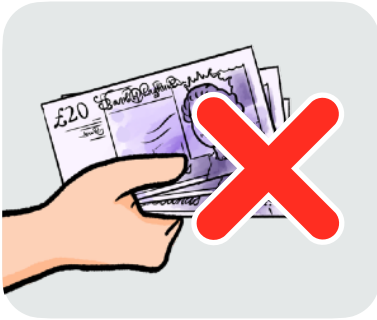
- Information about **gender reassignment**.

Gender reassignment is when you have medical help to change the gender you were given at birth.



In the future, we would like more different health and care staff to be able to see your information if they need to.

Will my information be sold to other organisations?



We will never sell your information.



Your personal information will only be used to help health and care staff care for you.

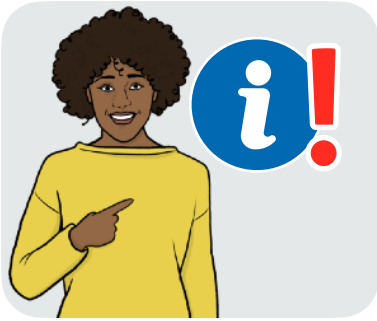


Some information will be used to help plan health and care services.



This information will never have your name on it.

Why does this matter to me?



Health and care staff will be able to see important information about you.

This will mean:



- You do not have to repeat information about yourself every time you need care.



- You will get better and faster care.



- You will not have to explain your social care support to doctors and nurses.

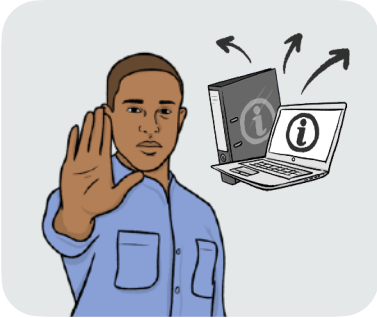


- Doctors and nurses can help keep you safe if they can see:
 - What medicine you take.
 - What medicine you used to take.
 - If you have any allergies.

Do I need to do anything?



Your information will be shared without you needing to do anything.



You can ask us not to share your information at any time.

But please think before you do this.

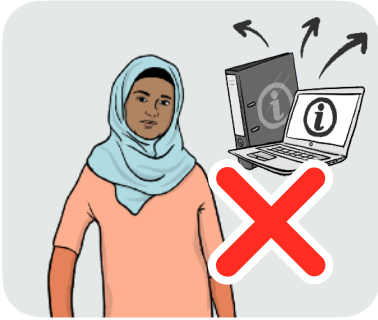


If we do not share your information, it could mean that health and care staff do not have important information about you when they need it.



If you don't want your information to be shared, you need to contact any health or care team that gives you care. They will be able to help.

Can I stop my children's information from being shared?



If you do not want your children's information to be shared you need to contact the organisation that gives them care.

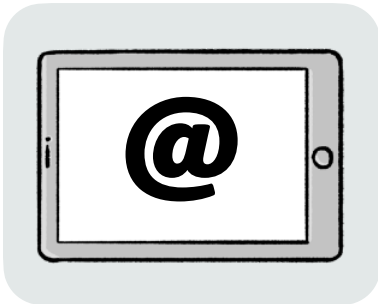


The organisation will decide whether your child needs to ask for this themselves.



Your child's health and care team will be involved in any decisions.

For more information



If you would like this information in a different way or in a different language please email us at:

blmkicb.sharedrecord@nhs.net



You can also look at our websites here:

- www.blmkhealthandcarepartnership.org/sharedrecord
- <https://www.mkuh.nhs.uk/patients-and-visitors/mycare-patient-portal>

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