



SERVICES TO SUPPORT: Bedford Care Homes



Minor illness

[BLMK ICB Homely Remedies Toolkit](#)

[BLMK ICB Self Care Toolkit for care homes](#)

Local Pharmacies

GP advice / primary care

In-hours: Care home aligned GP* or patient's registered GP. **Out-of-hours:** 111



Community nursing advice and support, general, specialist, Urgent Care Response, complex care, therapy

ELFT SPOA 24/7

☎ 0345 6024064

Community Mental Health Team - Older Adults (for residents currently receiving the service)

☎ 01234 880345 Mon-Fri 09.00-17.00



Urgent Care

☎ 111 24/7

Mental Health Crisis Team

☎ 111 option 2 24/7

999

Medical or mental health emergency – serious illness or injury, life at risk

☎ 999 24/7

End of life and palliative care services, telephone, advice, support and care

Sue Ryder Palliative Care Hub 24/7

☎ 01767 641349



Dementia Intensive Support Service

☎ 07880 078843 7 days 09.00-20.00

For referral form email: elft.diss@nhs.net

Infection prevention and control advice

blmkicb.infectioncontrol@nhs.net

Mon-Fri 09.00-17.00

Falls Prevention Service

☎ 01234 795854

email: bhn-tr.fallsphysiobedford.nhs.net

Community Nursing and therapy services accessed via ELFT SPOA ☎ 0345 6024064

- District Nursing Service 24/7
- Epilepsy Nursing Service
- Community Physio
- Mon-Fri services 09.00-17.00
- Tissue Viability Nursing Service
- Community Occupational Therapy
- Pharmacy Technicians
- Heart Failure Nursing Service
- Community Psychology Service
- Specialist Palliative Care Nursing Service (on-call at weekends)
- Warfarin Nursing Service
- Speech and Language Service
- Parkinson's Nursing Service
- Complex Care Nursing Service (daily calls to care homes)
- Continence Nursing Service
- Rare Neurological Nursing Service
- Tuberculosis Nursing Service
- Podiatry Service
- MS Nursing Service
- Community Matrons
- Phlebotomy 08.00-16.00
- Wheelchair Service 08.30-16.30

Hospital discharge queries

Luton and Dunstable Hospital,
☎ 01582 491 166, Bleep 500, 555, 8655
Mon – Fri email: Dischargemanagers@ldh.nhs.uk

Bedford Hospital: 08.00 – 18.00
Discharge planning Manager ☎ 01234 355122
Ext 2183 ☎ 07769 935313, Email: bhn-tr.integrateddischargeplanning@nhs.net
18.00 – 08.00 Site Operations ☎ 07884160312
For urgent enquiries: Contact Senior Manager on Call via switchboard ☎ 01234 355122

*For queries regarding care home aligned GP contact blmkicb.pccc@nhs.net