



SERVICES TO SUPPORT: Central Bedfordshire Care Homes

<p>Minor illness</p>	<p><u>BLMK ICB Homely Remedies Toolkit</u> <u>BLMK ICB Self Care Toolkit for care homes</u> Local Pharmacies</p>
<p>GP advice / primary care</p> <hr/> <p>Community nursing advice and support, general, specialist, Urgent Care Response, complex care, therapy</p> <hr/> <p>Community Mental Health Team - Older Adults (for residents currently receiving the service)</p>	<p>In-hours: Care home aligned GP* or patient's registered GP. Out-of-hours: 111</p> <hr/> <p>ELFT SPOA 24/7 ☎ 0345 6024064</p> <hr/> <p>South ☎ 01582 656529 Mon-Fri 09.00-17.00 Mid ☎ 01767 224181 Mon-Fri 09.00-17.00</p>
<p>Urgent Care</p> <hr/> <p>Mental Health Crisis Team</p>	<p>☎ 111 24/7</p> <hr/> <p>☎ 111 option 2 24/7</p>
<p>999</p> <p>Medical or mental health emergency – serious illness or injury, life at risk</p>	<p>☎ 999 24/7</p>
<p>End of life and palliative care services, telephone, advice, support and care</p>	<p>Sue Ryder Palliative Care Hub 24/7 ☎ 01767 641349</p>
<p>Dementia Intensive Support Service</p>	<p>☎ 07880 078843 7 days 09.00-20.00 For referral form email: elft.diss@nhs.net</p>
<p>Infection prevention and control advice</p>	<p>blmkicb.infectioncontrol@nhs.net Mon-Fri 09.00-17.00</p>

Community Nursing and therapy services accessed via ELFT SPOA ☎ **0345 6024064**

- District Nursing Service 24/7
- MS Nursing Service
- Community Matrons
- Community Physio
- Mon-Fri services 09.00-17.00**
- Epilepsy Nursing Service
- Community Occupational Therapy
- Pharmacy Technicians
- Tissue Viability Nursing Service
- Community Psychology Service
- Specialist Palliative Care Nursing Service (on-call at weekends)
- Heart Failure Nursing Service
- Speech and Language Service
- Parkinson's Nursing Service
- Complex Care Nursing Service (daily calls to care homes)
- Continence Nursing Service
- Rare Neurological Nursing Service
- Tuberculosis Nursing Service
- Phlebotomy 08.00-16.00
- Podiatry Service
- Wheelchair Service 08.30-16.30

Hospital discharge queries

Luton and Dunstable Hospital,
☎ **01582 491 166, Bleep 500, 555, 8655**
Mon– Fri email: Dischargemanagers@ldh.nhs.uk

Bedford Hospital: **08.00 – 18.00**
Discharge planning Manager ☎ **01234 355122**
Ext **2183** ☎ **07769 935313**, Email: bhn-tr.integrateddischargeplanning@nhs.net
18.00 – 08.00 Site Operations ☎ **07884160312**
For urgent enquiries: Contact Senior Manager on Call via switchboard ☎ **01234 355122**